

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Birthday: \_\_\_\_\_

The following information is needed to ensure your well being. **All information will be kept confidential.** We may ask you to update this information at each treatment. Please indicate any current conditions and provide additional information as needed. **The below conditions indicate how we may (or not) perform your service.**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Allergies to latex  | <input type="checkbox"/> Epilepsy                | <input type="checkbox"/> Scar tissue                           |
| <input type="checkbox"/> Arthritis OA or RA (circle)   | <input type="checkbox"/> Heart conditions        | <input type="checkbox"/> Recent surgery (within 6 months)      |
| <input type="checkbox"/> Asthma  | <input type="checkbox"/> High/low blood pressure | <input type="checkbox"/> Skin disorders                        |
| <input type="checkbox"/> Back/neck problems  | <input type="checkbox"/> HIV                     | <input type="checkbox"/> Skin irritation                       |
| <input type="checkbox"/> Cancer Date _____<br>type _____ in treatment Y/N ____<br>DR Approved (therapist initial) ____ | <input type="checkbox"/> Kidney problems         | <input type="checkbox"/> Thrombosis or clotting disorders      |
| <input type="checkbox"/> Circulatory problems  | <input type="checkbox"/> Liver problems          | <input type="checkbox"/> Thyroid problems                      |
| <input type="checkbox"/> COVID 19 (recovered date _____)   | <input type="checkbox"/> Metal pins/plates       | <input type="checkbox"/> Varicose veins                        |
| <input type="checkbox"/> Diabetes controlled   | <input type="checkbox"/> Multiple sclerosis      | <input type="checkbox"/> Any medical devices now? Please list: |
|  | <input type="checkbox"/> Open wounds             | _____  |
|  | <input type="checkbox"/> Osteoporosis            | <input type="checkbox"/> Other: _____                          |

1. Are you currently using, or have you in the last 6 months used Retinoids such as Retin-A, Renova, Accutane, etc from a Dermatologist?  
\_\_\_\_\_
2. Are you currently taking any oral medications that may affect your skin or the outcome of this treatment? Please list. \_\_\_\_\_
3. Are you taking any blood thinners? \_\_\_\_\_
4. Do you have allergies? **Include food allergies** \_\_\_\_\_
5. Are you pregnant or trying to become pregnant? \_\_\_\_\_
6. Are you under the care of a **Dermatologist**? If so, please snap a photo of any **prescribed RX** from a dermatologist if you are receiving a **skincare treatment** and bring it with you please. **This is important.**
7. During treatment do you prefer little to no speaking during the service? **Y/N** \_\_\_\_\_

**I confirm that to the best of my knowledge the answers I have given are correct and I have not withheld any relevant information pertaining to my massage and skincare treatments.**

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_